



# Adaptability

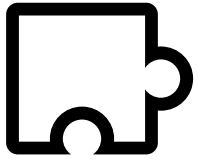
Age range: 7-11

 **BARCLAYS** | LifeSkills



# Why are core transferable skills important

1



Problem solving



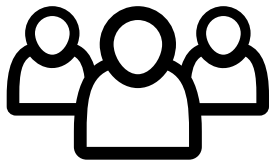
Listening  
and speaking  
(communication)



Creativity



Aiming high  
(proactivity)



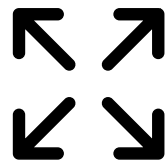
Leadership



Teamwork



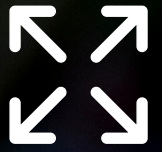
Staying positive  
(resilience)



Adaptability







## What is adaptability?

2

Adaptability is the ability to react well even when unexpected things happen.





# Activity: Adapting to different scenarios

3

How would you adapt to solve the problem?



## Nurse

Your patient has a broken leg and is unable to speak or understand the English language. How would you communicate with them to treat their injury and make them comfortable?



## Swimming teacher

One of your students is scared of the water. How could you encourage them to get into the water?



## Shop assistant

A customer asks you to help them find some spaghetti to have for their dinner but there's none left in the store. What do you do?

## Case study 1: Evie

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*"I teach people how to ride and look after horses. In my job I need to be adaptable so I can change my teaching style to suit different ages, abilities and personalities."*

*"I also need to be able to support the horses and be able to adapt to their needs as things don't always go to plan when working with animals!"*

## Case study 2: Isaac

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