Core transferable skills tracker

BARCLAYS | **LifeSkills**

Name:

Class:

What have I learnt?

Keep track as you develop the core transferable skills, like problem solving and creativity, that will help you at school and in the future workplace. Fill out the table below with the activity you completed and use it to reflect on what you've learned, and how you could develop the skill further.

Some skills you might have practised today:

Problem solving	Listening and speaking (communication)	Creativity	Aiming high (proactivity)	Leadership	Staying positive (resilience)	Adaptability

Activity	What skills did this activity develop? (See the icons above)	Reflection How could you practise this skill in your everyday life? For example, at school, with friends and family, or after-school clubs.