



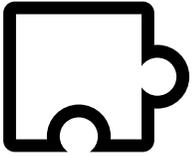
Adaptability

Age range: 7-11

 **BARCLAYS** | LifeSkills



Why are core transferable skills important



Problem solving



Listening and speaking (communication)



Creativity



Aiming high (proactivity)



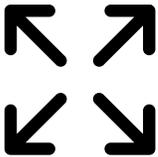
Leadership



Teamwork



Staying positive (resilience)



Adaptability





What is adaptability?

2

Adaptability is the ability to react well even when unexpected things happen.



Activity: Adapting to different scenarios

How would you adapt to solve the problem?



Nurse

Your patient has a broken leg and is unable to speak or understand the English language. How would you communicate with them to treat their injury and make them comfortable?



Swimming teacher

One of your students is scared of the water. How could you encourage them to get into the water?



Shop assistant

A customer asks you to help them find some spaghetti to have for their dinner but there's none left in the store. What do you do?

Case study 1: Evie

4



"I teach people how to ride and look after horses. In my job I need to be adaptable so I can change my teaching style to suit different ages, abilities and personalities.

I also need to be able to support the horses and be able to adapt to their needs as things don't always go to plan when working with animals!"

Case study 2: Isaac

