



Developing employability skills with LifeSkills

 **BARCLAYS** | LifeSkills

Name:

Class:



What have I learnt?

Keep track of your progress as you develop the employability skills you need to be better prepared for the workplace, like teamwork, communication, confidence and creativity. Fill out the table below with the name of your sessions and use it to reflect on what you've learned, and where you'd like to further improve.

Some skills you might have practised today:



Problem solving



Listening and speaking (communication)



Creativity



Aiming high (proactivity)



Leadership



Staying positive (resilience)



Adaptability

Activity	What skills did this activity develop? (See the icons above, and consider others like digital and money skills)	Reflection (How could you use this on your CV, or in a future job? What could you work on as self-study?)

